

## Services to Educators

### Walk the Labyrinth

**Duration: 1 hour**

The labyrinth experience facilitates reflection and prayer through a meandering path, as a physical expression of the interior journey toward Jesus Christ, providing time and space to listen and respond to the Lord.

### CPD related to Spiritual Wellbeing

**Duration: 2 hours**

The SDS team offers a space for educators to discuss spiritual wellbeing, learning about living in peace and other topics that will reflect the school's needs.

### CPD about Introducing Prayer Spaces

**Duration: 2 hours**

Educators experience prayer spaces on a personal level and within a group and explore the benefits of prayer spaces in a school setting.

### Creating and Animating Prayer Spaces Course

**Duration: 6 sessions in 3 weeks**

Participants learn about creating, animating and leading prayer spaces by being equipped with the necessary knowledge and skills. The participants are enabled to accompany others to explore their faith, spirituality, and life's big questions in a safe, creative, and interactive way.

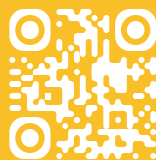
### Spiritual Companionship

Walk with a companion who supports your faith, nurtures your spirit, and helps you stay centred in Christ's love in your mission.

Provide your students with meaningful ways to grow spiritually using SDS services.



**SPIRITUAL  
DEVELOPMENT  
IN SCHOOLS**



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Spiritual Development in Schools



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**WHOLEsome**

SCHOLASTIC YEAR 2025-2026

# Spiritual Development in Schools

supports particularly State and Independent Schools in fostering pastoral care and spiritual development. Our aim is to support chaplaincy team members and provide spiritual formation through various programmes including a yearly theme.



## Schools will be able to access:

- Wholesome Sessions
- Advent and Lent resources
- Prayer Activities
- Stories
- SDS AI Assistant



## Services to Schools

**Designed for all students**

### School Religious Counsellor

A religious counsellor is assigned to every school to help animate spiritual growth and build community through pastoral care, guidance and liturgical celebrations.

### Prayer Spaces in School

The SDS team animates interactive prayer space sessions for children, young people and adults of all faiths and none, to explore life's questions, spirituality and faith.

### Spiritual Growth & Wellbeing Sessions

The SDS team animates sessions related to spiritual growth provided in various formats, including but not limited to a half-day seminar during various seasons, including lent.

### Meditation

The SDS team provides training on meditation to learn to be still, listen and connect to ourselves, others, the world and God.

### Conversations with the Bishops

Our bishops, Mgr Charles J. Scicluna and Mgr Joseph Galea-Curmi dialogue with children, young people and their educators about the various issues that they are facing in their life.



**Designed for Primary School students**

## Animation of Stories

Animated sessions in Maltese and English, enhancing reading, creative writing and prayer through the following books:

### Kastell fir-Ramel - Sandcastle

Aimed at Early Years

### Spazju għal Qalbi - Beloved Space

Aimed at Year 4 to 6

## Soul Speak (Years 4 and 5)

A programme about spiritual literacy and writing strategies, including fun activities, peer interaction, and prayer space experiences.

## Transition between schools & beyond

**Duration: 3 hours**

These sessions promote spiritual development, empowering students to navigate their crucial transition period.

### Living Love Joyfully (Year 6)

### Journeying Together (Year 8)

### More (Year 11)

