

EDUCATORS

Walk the Labyrinth

The labyrinth experience facilitates reflection and prayer through a meandering path, as a physical expression of the interior journey toward Jesus Christ, providing time and space to listen and respond to the Lord.

Duration: 1 hour

CPD about Spiritual Topics

The SDS team offers a space for educators to discuss spiritual wellbeing, learning about living in peace and other topics that will reflect the school's needs.

CPD about Introducing Prayer Spaces

Educators experience prayer spaces on a personal level and within a group and explore the benefits of prayer spaces in a school setting.

Duration: 2 hours

CPD about Living Prayer Spaces

Participants are guided towards a shift in perspective to live a more meaningful life while taking the time to appreciate and reflect upon the strength of relationships. Participants learn the basics of preparing a prayer space for students.

Duration: 5 hours

Creating and Animating Prayer Spaces Course

Participants learn about creating, animating and leading prayer spaces by being equipped with the necessary knowledge and skills. The participants are enabled to accompany others to explore their faith, spirituality, and life's big questions in a safe, creative, and interactive way.

Duration: 6 sessions in 3 weeks

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SDS' comprehensive resources profoundly foster student spirituality in an engaging manner.



Scan the QR code to request a service!



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Spiritual Development in Schools



@sdsMalta

sowing hope

Scholastic Year
2024-2025



SPIRITUAL
DEVELOPMENT
IN SCHOOLS

Spiritual Development in Schools

supports particularly State and Independent Schools in fostering pastoral care and spiritual development. Our aim is to support chaplaincy team members and provide spiritual formation through various programmes including a yearly theme.



Schools will receive resources related to:

- Sowing Hope Reflections and Sessions
- Advent and Lent
- Prayer Activities
- Stories

SCHOOLS

1 Services by the School Religious Counsellor

A religious counsellor is assigned to every school to animate the spiritual growth of the school community through pastoral care and organising religious activities and celebrations.

2 Prayer Space Sessions in School

The SDS team animates interactive prayer space sessions for children, young people and adults of all faiths and none, to explore life's questions, spirituality and faith.

3 Spiritual Growth Sessions

The SDS team animates sessions related to spiritual growth provided in various formats, including but not limited to a half-day seminar during various seasons, including lent.

4 Storytelling

Animated sessions in Maltese and English from the book 'Spazju għal Qalbi - Beloved Space' for children 8-10 years old. Enhancing reading, creative writing, and prayer through creativity.



5 Soul Speak

A programme about spiritual literacy and writing strategies including fun activities, storytelling, journal writing, prayer spaces and meditation.

Duration: 4 sessions | Ages: Years 3&4

6 Living Love Joyfully

This session promotes spiritual development to empower the students to navigate this crucial transition period.

Duration: 3 hours | Ages: Years 6&8

7 Journeying Together

The SDS team animates sessions with stories, and friendship cards, followed by prayer spaces and meditation about turning our own experiences of life's challenges into a gift of support and care for those around us.

Duration: 4 sessions | Ages: Years 7&8

8 Meditation

The SDS team provides training on meditation to learn to be still, listen, and connect to ourselves, others, the world and God.

9 Conversations with the Bishops

Our bishops, Mgr Charles J. Scicluna and Mgr Joseph Galea Curmi dialogue with children, young people and their educators about the various issues that they are facing in their life.