

Group leader instructions Regret Year 2 version

We suggest that the children sit in a circle on a rug. Put the bucket of stones and bucket of water on the grass or tarpaulin.

This is a time for you to think about the things that you wish had gone differently while you were at this school. To bring those feelings of regret to God and leave them with Him.

Think back over your time at this school.

- Is there anything that you are sorry that you **did** to someone at school?
- Is there something that you are sorry you **said** to someone at school?
- Is there a time when you could have helped someone or said something kind, but you didn't?
- Is there something that you wish you had joined in with at school?

Take one of the dirty stones out of the bucket. Hold the stone, look at the dirt on it and think about what you regret or are sorry for.

Send 2 at a time to take a stone. Then send 2 at a time to wash the stones.

When it is your turn wash the stone in the bucket of water so that the dirt has gone. Now gently lay the stone by the cross (or dish) as you give that regret to God.

Dry your hands and sit down quietly for a moment until it is time for your group to move on.

Group leader instructions Regret *Year 6 version*

We suggest that the children sit in a circle on a rug. Put the bucket of stones and bucket of water on the grass or tarpaulin.

This is a time for you to think about the things that you wish had gone differently while you were at this school. To bring those feelings of regret to God and leave them with Him.

Think back over your time at your primary school.

- Is there anything that you are sorry that you **did** to someone at school?
- Is there something that you are sorry you **said** to someone at school?
- Is there someone that you have fallen out with?
- Is there a time when you could have helped someone or said something kind, but you didn't?
- Is there anything that you wish you had tried or had a go at when you were offered the chance, but you didn't?
- Is there anything that you think "I wish I had....."? Maybe something that you missed out on because of the Coronavirus, an opportunity you didn't take, or something that you wish you had done differently.

Take one of the dirty stones out of the bucket. Hold the stone, look at the dirt on it and think about what you regret or are sorry for.

Send 2 at a time to take a stone. Then send 2 at a time to wash the stones.

When it is your turn wash the stone in the bucket of water so that the dirt has gone. Now gently lay the stone by the cross (or on the dish) as you give that regret to God.

Dry your hands and sit down quietly for a moment until it is time to move on.